

VOCABULARY

1 Find twelve adjectives.

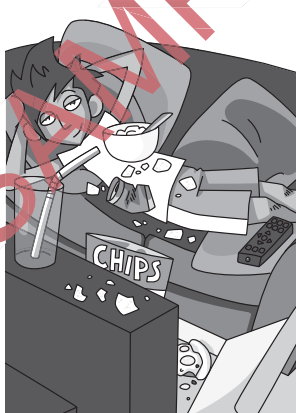
c	a	l	t	c	a	l	m	r
o	l	a	z	y	l	i	v	l
n	v	e	c	l	e	v	e	r
f	b	o	s	s	y	e	x	u
i	t	f	u	b	o	l	s	d
d	a	f	u	n	n	y	s	e
e	s	e	r	i	o	u	s	s
n	s	p	o	r	t	y	h	h
t	n	o	i	s	y	p	y	h

2 Match these words with the people in the pictures.

calm clever lazy noisy shy sporty



1 noisy



2 _____



3 _____



4 _____



5 _____



6 _____

3 Complete the sentences with the correct adjectives. The first letter has been given.

- Amelia works hard and she's feeling c o n f i d e n t about her exams.
- Dylan tells everyone what to do, he's b _____.
- Charlie is r _____. He doesn't say please and thank you.
- Grace makes us laugh. She's f _____.
- Ethan doesn't joke or laugh. He's s _____.
- Sophie always goes out and does lots of things. She's l _____.

4 Write the words under the correct headings.

bossy calm clever confident
funny lazy lively noisy rude

Positive	Negative
	bossy

5 Choose the correct prepositions.

- We're excited *with/about/of* going to Rome.
- Andy always wins. He's brilliant *at/of/with* playing tennis.
- Don't worry, it's only a film. There's nothing to be frightened *with/at/of*.
- We don't want Tony in the band. He's terrible *about/with/at* playing the guitar.
- I'm really bored *at/with/in* watching TV. I want to go out.
- John isn't interested *in/about/at* science. He wants to study history.

6 Complete the sentences. Use one or two words in each space.

- James is *brilliant* at scoring goals.
- We are _____ with doing boring things.
- The children are _____ of the dark.
- The students in my class are _____ about the school trip.
- Chloe and Dan are _____ in geography.
- Max is _____ at cooking. We can't eat the food he cooks.

7 Match the adjectives (1-6) with the prepositions (a-f).

- | | |
|--------------|---------|
| 1 brilliant | a with |
| 2 excited | b about |
| 3 terrible | c of |
| 4 fed up | d in |
| 5 frightened | e at |
| 6 interested | f at |

8 Read the conversation and choose the best answer, A, B, C or D, for each space.

Pat: Let's watch the rugby match between New Zealand and Australia.

Chris: You watch it. I'm not interested 1) _____ rugby.

Pat: Aren't you? I'm really excited 2) _____ it. New Zealand are brilliant 3) _____ rugby and I like the Haka, the 4) _____ dance they do before the match.

Chris: Are they doing the Haka now? Look! They're sticking out their tongues.

Pat: Yes, but they aren't being 5) _____.

Chris: And they aren't laughing, they're very 6) _____. Do you think the Australian team are 7) _____ of them?

Pat: No, I don't. The Australians are very good 8) _____ rugby.

Chris: My cousin is Australian. He's very 9) _____, he plays cricket and he loves surfing and swimming, too.

- | | |
|----------------|--------------|
| 1 A about | B in |
| C by | D with |
| 2 A at | B of |
| C about | D in |
| 3 A at | B in |
| C about | D by |
| 4 A sporty | B lively |
| C bossy | D calm |
| 5 A confident | B funny |
| C lazy | D rude |
| 6 A funny | B clever |
| C serious | D confident |
| 7 A interested | B bored |
| C excited | D frightened |
| 8 A in | B by |
| C at | D with |
| 9 A confident | B sporty |
| C funny | D shy |



GRAMMAR

Present simple and present continuous

1 Write sentences and questions. Use the present simple.

- Where / you / come / from / ?
.....
Where do you come from?
- Jacob / not / work in a shop
.....
- They / not / play football every week
.....
- Lily / like / ice cream
.....
- They / eat / rice every day / ?
.....
- Ethan / know / a lot of people here
.....
- Jacob / be / good at playing tennis / ?
.....
- All my friends / be / interested in music
.....

2 Complete the sentences with the present continuous form of the verbs in brackets.

- Is Jo coming* (Jo / come) to the party with us?
- Excuse me, you (sit) in my seat.
- What (you / try) to say?
- What (you / do) now?
- I (go) shopping in town this afternoon. I need some new shoes.
- It (freeze) today.
- The sun (not shine) at the moment.
- Tom (not skate) on the lake.

3 Choose the correct words.

- What *are you doing*/do you do at the moment?
- I'm playing*/I play a computer game.
- Is it snowing*/Does it snow in the winter in your country?
- It often *rains/is raining* in tropical countries.

- I'm not understanding*/I don't understand what you mean.
- He's coming*/He comes from Russia.
- We're learning*/We learn how to skate.
- She's wanting*/She wants to stay at home.
- They *don't study/aren't studying* English this year.
- Does the sun shine*/Is the sun shining now?

4 Complete the sentences with the correct form of the verbs in brackets.

- Where *does Aydin come* (Aydin / come) from?
- Makana (love) living near the sea.
- Millions of tourists (visit) Hawaii every year
- We (watch) the tennis. It's very exciting
- Andy (not play) very well at the moment.
- I (not know) where my phone is
- It's always hot in tropical countries, it (not snow) there.
- What (you / study) this year?

5 Complete the article with the best answer, A, B, C or D, for each space.

Antonio comes from Mexico, but at the moment he 1) English in Brighton. He 2) with an English family for three months. He 3) the family very much, but he 4) the weather in England.



Antonio says:

'When it's sunny, we 5) to the beach and swim in the sea, but I 6) today because it's too cold. It 7) in England, so we 8) a lot of time outdoors. 'Tonight, I 9) dinner for my English family. I 10) English food, because the family wants to try a traditional Mexican meal. I 11) at home, so today I 12) a recipe book.'

- | | |
|----------------------|-----------------------------|
| 1 A studies | B is studying |
| C doesn't study | D isn't studying |
| 2 A stays | B is staying |
| C doesn't stay | D isn't staying |
| 3 A likes | B is liking |
| C doesn't like | D isn't liking |
| 4 A likes | B is liking |
| C doesn't like | D isn't liking |
| 5 A go | B are going |
| C don't go | D aren't going |
| 6 A swim | B am swimming |
| C don't swim | D 'm not swimming |
| 7 A often rains | B is often raining |
| C doesn't often rain | D isn't often raining |
| 8 A spend | B are spending |
| C don't spend | D aren't spending |
| 9 A make | B 'm making |
| C don't make | D 'm not making |
| 10 A cook | B 'm cooking |
| C don't cook | D 'm not cooking |
| 11 A usually cook | B 'm usually cooking |
| C don't usually cook | D 'm not usually cooking |
| 12 A use | B 'm using |
| C don't use | D 'm not using |

Time expressions

6 Rewrite the sentences with the word in brackets in the correct place.

- We play football in the park in the afternoon. (usually)
We usually play football in the park in the afternoon.
- It snows in the desert. (never)
- They laugh all the time. They are serious. (never)
- We meet our friends after school. (often)
- I get up early. (most days)
- Is she rude? (always)

7 Complete the text with these time expressions.

every weekend ~~most days~~
now and then once a week
twice a year usually

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I'm fed up with homework! I spend two hours doing it 1) most days and I have to complete a project 2) I really hate working on Saturday and Sunday.

My favourite subject is drama. We have drama lessons 3) on Friday afternoon.

The drama group puts on a play

4) in December and June. We

5) perform a classical play, but

6) we write our own play.

Write a comment

Support

8 Write sentences and questions. Use the present simple or present continuous.

- What / you / usually / do / after school / ?
What do you usually do after school?
- They / often / speak / Spanish / at home
- It / rain / here. What / be / the / weather / like / there / ?
- It / not / often snow / in the winter here
- We / wait / for / the bus / to go into town
- I / not enjoy / the party, so / I / go / home
- Please / not interrupt / me / when / I / listen / to a programme
- I / not watch / TV / because / I / cook / dinner

03

Sounds of the future

VOCABULARY

1 Match 1–6 with a–f to make compound nouns.

- | | |
|---------------|----------------|
| 1 air | a dryer |
| 2 dish | b conditioning |
| 3 electricity | c machine |
| 4 hair | d phones |
| 5 head | e supply |
| 6 washing | f washer |

2 Complete the sentences with these words.

dishwasher fridge hair straighteners
~~iron~~ microwave plug speakers
 washing machine

- My shirt is clean and dry and now I need to use the iron.
- Let's use the _____ so we can all hear the music.
- Put the butter in the _____ to keep it cool.
- You can heat food quickly in the _____.
- Which _____ is for the computer?
- I use _____ because I don't like my curly hair.
- Dirty clothes go in the _____.
- All the plates and cups in the _____ are clean. Please put them away!

3 Answer the questions.

- Where do you put dirty cups and plates?
In the dishwasher
- Where do you put food to keep it fresh?

- What do you use to dry your hair?

- What do you use to connect a machine to the electricity supply?

- What do you use to keep a room cool?

- Where do you put dirty clothes?

4 Complete the email. The first letter of each word has been given.

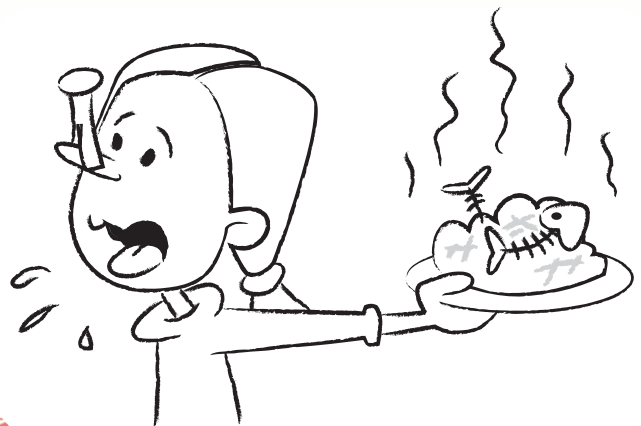
Subject: My holiday!

Hi Grace

I'm on holiday in Spain. We're staying at a lovely house, but yesterday the 1) electricity supply failed and all the machines in the house stopped working! I washed my hair, but I couldn't use the 2) hair to dry it. We couldn't heat any food because the 3) microwave wasn't working and the food in the 4) fridge went bad. We had to wash the plates by hand because we couldn't use the 5) dishwasher. We haven't got anything to wear because our clothes are in the 6) washing machine and they're still dirty. I didn't know how much we needed electricity!

Hope you get this message!

Charlotte



5 Match the sentence beginnings (1–6) with the endings (A–F).

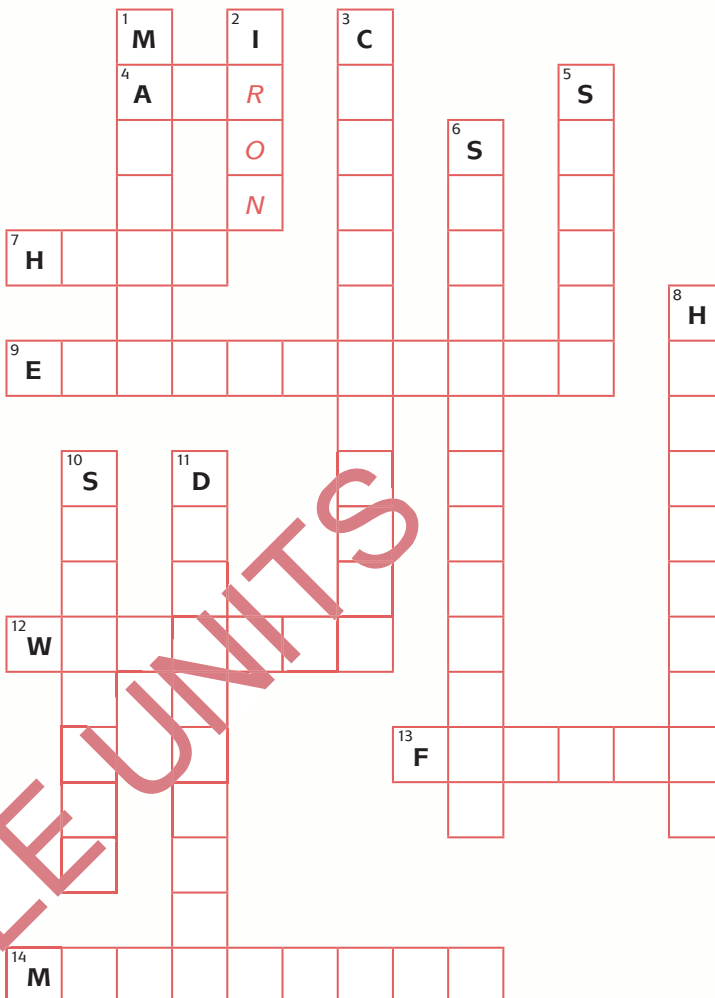
- 1 The pictures on **C**
- 2 I put my food
- 3 I use hair straighteners
- 4 I switched on the air conditioning
- 5 We used the microwave
- 6 Put your dirty plate

- A** because the room was very hot.
B in the dishwasher, please.
C our new 3D TV are great.
D because I don't like curly hair.
E in the fridge to keep it fresh.
F to heat our pizzas.

6 Choose the correct phrasal verbs.

- 1 Remember to *switch off/turn down/plug in* the lights when you go out.
- 2 Can you *turn up/turn down/switch on* the TV, it's too loud.
- 3 We can't get any more plates in, so please *switch on/turn up/plug in* the dishwasher.
- 4 Please *plug in/turn up/pick up* your dirty clothes and put them in the washing machine.
- 5 I need to *switch off/plug in/turn down* my hairdryer to dry my hair.
- 6 Please *pick up/switch on/turn up* the oven, it isn't hot enough.
- 7 *Switch on/Plug in/Switch off* the computer, we aren't using it now.
- 8 Don't *plug in/switch on/turn down* the washing machine, I want to put some more clothes in it.

7 Complete the crossword.



Across

- 4, 3 down** If a room is very hot, you need
- 7, 6 down** Use these if you don't want curly hair.
- 9, 5 down** Plug in the computer to connect it to the

12, 1 down Switch on the to wash your clothes.

13 Keep food in the

14 Heat food in the

Down

- 1 See 12 across.
- 2 Wash and dry your clothes and then use the
- 3 See 4 across.
- 5 See 9 across.
- 6 See 7 across.
- 8 Use your to listen to your MP3 player.
- 10 Turn up the so we can hear the music.
- 11 Clear the table and put the plates in the

GRAMMAR

Talking about the future: *will, going to*

1 Put the words in the correct order to make sentences.

- 1 Technology / going / to / is / change / lives / our / .
Technology is going to change our lives.
- 2 your / birthday / I'll / a cake / for / make / .
.....
- 3 washing machine / Will / switch on / you / the / ?
.....
- 4 to write / We / a shopping list / won't / need / .
.....
- 5 will / The / fridge / text message / us / send / a / .
.....
- 6 I'm / air conditioning / going / to / turn on / not / the / .
.....
- 7 They / tomorrow / are / to / buy / new / a computer game / going / .
.....
- 8 headphones / you / Are / to / buy / some / new / going / ?
.....

2 Choose the correct words.

- Lucy:** What 1) *are you going to/will you* do at the weekend?
- Mia:** 2) *I'm going to/I'll* meet my friend Ella in town on Saturday. We plan to look round the shops.
- Lucy:** 3) *Are you going to/Will you* buy some new clothes?
- Mia:** Yes, I expect 4) *we're going to/we will*.
- Lucy:** Sounds great! 5) *I'm going to/I'll* come with you!
- Mia:** 6) *I'm not going to/I won't* take a lot of money, because I don't want to spend too much.
- Lucy:** I agree, 7) *I'm not going to/I won't* spend a lot of money, either.
- Mia:** OK, let's go together. 8) *Are you going to/Will you* call me when you're ready to leave?
- Lucy:** Yes, and 9) *I'm going to/I'll* meet you at the station.
- Mia:** OK, 10) *I'm going to/I'll* buy the tickets.

3 Complete the sentences with the correct form of *will* or *going to*.

- 1 It's really hot in here. OK, I *'ll* turn up the air conditioning.
- 2 We can help you tidy up. We put the dirty plates in the dishwasher.
- 3 Harry's hungry, so he heat up a pizza.
- 4 When we get a smart fridge, we run out of food.
- 5 What (you) see at the cinema?
- 6 I buy a new computer game tomorrow.
- 7 (you) help me with my homework?
- 8 (Oscar) show us his photos tonight?

4 Complete the conversation with the correct forms of *will* or *going to* and the verbs in brackets.

- Jake:** Hi, Harry, where are you going?
- Harry:** To the computer shop.
I 1) *'m going to buy* (buy) a new game.
- Jake:** OK, I 2) (come) with you.
- Harry:** The games are in order, so it 3) (not take) long to find the one I want.
- Jake:** There are no prices on these games. I 4) (ask) how much they cost.
- Shop assistant:** They're 10 euros today, but we 5) (have) a sale next week, so these games 6) (cost) 8 euros.
- Harry:** Thanks! I 7) (not buy) the game today.
I 8) (wait) until next week.

*someone, anyone,
everyone, no one,
something, anything,
everything, nothing*


5 Rewrite the sentences. Replace the underlined words with a single word.

- They didn't put any of the things in the drawer.
.....
They didn't put anything in the drawer.
- We told all the people what to do.
.....
- I saw a person take your phone.
.....
- None of the people offered to help.
.....
- The cat pushed a thing off the shelf.
.....
- They used a lot of plates and cups and they left all of the things dirty.
.....

6 Choose the correct words.

Subject: Yesterday

Hey Ava
You missed a fun event yesterday! I was at the shopping mall when I noticed that 1) *everyone/ someone/everything* was waiting for 2) *anything/ nothing/something* to happen. At first, 3) *anyone/ no one/nothing* moved, then 4) *someone/anyone/ everyone* began to dance and, one by one, we all joined in until 5) *anyone/everyone/someone* was dancing. Then, suddenly the music stopped, and 6) *anything/something/everything* was quiet again. Why don't you come to the mall next Saturday? Maybe there'll be another surprise event!
See you
Jake



7 Complete the sentences with these words.

anyone anything everyone everything
no one nothing someone something

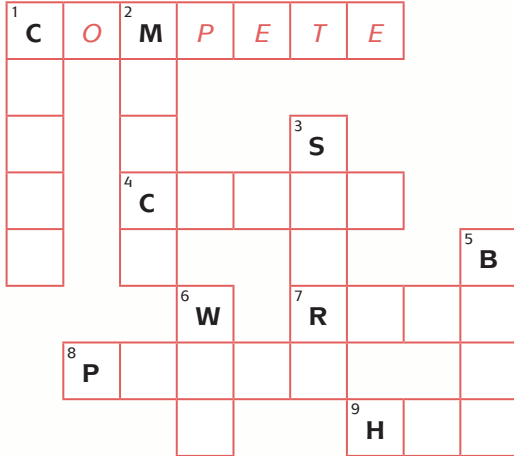
- Are you ready to start? Have you got everything you need?
- There were a lot of people there, but spoke to me.
- We won't start until is sitting down.
- There's missing, but I'm not sure what it is.
- The room is locked. Does have the key?
- The box is empty, there's in it.
- I can't manage on my own. I need to help me carry this heavy bag.
- Are you hungry? Can I get you to eat?

8 Complete the conversation. Use one word in each space.

- Lily: We're going to have a party at the end of term.
- Jessica: 1) Everyone in our class will be invited and we'll do 2) ourselves.
- Max: OK, I'll write the invitations.
- Lily: Great! Make sure 3) is left out.
- Max: Has 4) got a pen?
- Lily: Next, 5) needs to buy the food and drink.
- Alfie: OK, I'll do that.
- Lily: Thanks, Alfie. So, I think 6) has got 7) to do.
- Alfie: Yes, that's right. Max is going to write the invitations. I'm going to buy the food and drink.
- Max: Is there 8) else to do?
- Jessica: Yes, the music! I'll look after the music.
- Lily: Great, now there's 9) left to organise.
- All: We're going to have a great time!

VOCABULARY

1 Complete the crossword.



Across

- 1 Try to win against
- 4 Person who trains the team
- 7 Competition where you try to go faster than others
- 8 What the winner gets
- 9 Move the racket against

Down

- 1 Place to play tennis
- 2 Sports event between two people or teams
- 3 a goal
- 5 Get more points than your opponent
- 6 Be the best in the game

2 Match the verbs (1-6) with the nouns (a-f).

- | | |
|---------|---------------|
| 1 beat | a a match |
| 2 hit | b a goal |
| 3 play | c an opponent |
| 4 run | d a prize |
| 5 score | e a ball |
| 6 win | f a race |

3 Complete the sentences with these words.

changing rooms kick locker prize
race track train

- 1 Everyone has a locker in the where they keep their sports clothes and equipment.
- 2 The running club meets at the on Wednesday afternoon.
- 3 Did Evie run in the 400 metre today?
- 4 To score a goal in football, you the ball into the net.
- 5 Jacob won the running competition, so he got the
- 6 The new coach is helping us for the competition.

4 Choose the correct words.

Max: What sports do you do at school, Isla?

Isla: I play tennis in the summer. I'm getting better, especially now that I've got a new
1) *board/racket*. We play on the 2) *court/track* at the sports centre and the coach is helping us to 3) *score/train*.

Max: How often do you play?

Isla: Every Friday. And next week I'm playing a 4) *match/race* against Holly. She 5) *beat/won* me last time we played because she 6) *hits/kicks* the ball really hard. I don't think I'll win a 7) *locker/prize*, but I'll enjoy playing. What about you?

Max: I'm doing sprint cycling. I've just got a new bike and a 8) *helmet/wetsuit*.

5 Complete the sentences with the correct sport words. The first letter has been given.

- 1 You need a h e l m e t for sprint cycling.
- 2 The kiteboarding club will lend you a w
- 3 Evie bought a new r to play tennis.
- 4 Boxers wear special g
- 5 You can hire a b to go surfing.
- 6 Don't forget your g for swimming.

6 Choose the correct answer, A, B, C or D.

- Every year, schools in our town against each other in sports events.
 A race B score
 C compete D beat
- Let's play tennis this afternoon. I'll meet you at the tennis
- Did you watch the football on Saturday?
 A score B goal
 C competition D match
- Our new has encouraged the team to train harder this year.
 A coach B player
 C train D winner
- Ethan didn't any goals today.
 A win B hit
 C score D kick
- We have to this match to stay in the competition.
 A beat B compete
 C win D lose
- Harry ran the 10 km in 45 minutes.
 A court B match
 C track D race
- Do you think Isla will Sophie?
 A win B beat
 C compete D match

7 Find the odd one out in each group.

- helmet race racket wetsuit
- coach court locker track
- goggles racket surfboard wetsuit
- changing room compete kick win
- beat hi lose prize
- gloves practise score train

8 Complete the email with these words.

beat coach compete court matches
 practise prizes score

mailbox

Today Mail Calendar Contacts

Reply | Reply All | Forward | Delete

From: Jake

Subject: Hi

Hi Mum

I'm really enjoying summer camp. You won't believe it, but I'm in the top tennis group! We play 1) matches on the tennis 2), but we 3) by hitting the ball against the wall. Our 4) says it's a good way to train. It's true that our group is the best. We 5) the other groups and we win a lot of the 6)

But I think it's more fun to 7) against my friends and to see who can 8) more points. Two more weeks to enjoy and then back to school!

Love

Jake



GRAMMAR

Present perfect simple

1 Write sentences. Use the present perfect form of the verbs.

- I / play / in a lot of football matches this term
I've played in a lot of football matches this term.
- Our team / not win / any matches this year
- I not / try / mud running, but I'd like to
- You look hot. You / go / running / ?
- You / put / your clothes in your locker / ?
- Jacob / start / learning kickboxing with the new coach
- The school / buy / some new footballs
- They / stop / climbing because the wall isn't safe

2 Rewrite the sentences with the adverbs in brackets in the correct place.

- The match has started. (just)
The match has just started.
- Sam has swum six lengths. (already)
- Grace hasn't changed into her sports clothes. (yet)
- Has the match started? (already)
- Alfie has won the prize! (just)
- The match hasn't finished. (yet).
- We've joined the water polo team. (already)
- They have found the key to the changing room. (just)
- We haven't seen the new swimming pool. (yet)

3 Look at the chart and write sentences. Use the present perfect form and *already/yet* where appropriate.

	Jack	Amelia
decide to get fit	✓	✓
buy tennis rackets	✓	✓
join a club	X	X
have a tennis lesson	X	✓
win a match	✓	X

- Jack and Amelia *have decided to get fit*.
- They
- They
- Jack
- Amelia
- Jack but Amelia

4 Complete the blog with the present perfect form of the verbs in brackets.

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There are lots of new sports to try at the sports centre. They 1) *have just employed* (just / employ) some new coaches for kickboxing, tennis, water polo and sprint cycling. I'm good at swimming, so I 2) (already / join) the water polo team, but we 3) (not have / our first training session / yet). I'm interested in the sprint cycling, but I 4) (not get / a bike / yet). The kickboxing coach 5) (just / put up) the timetable and I 6) (already / pay) for the first lesson.



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Past simple and present perfect simple

5 Choose the correct form of the verbs.

- 1 Yesterday's match *was/has been* very exciting.
- 2 I *didn't run/hadn't run* a race this afternoon.
- 3 I *cycled/have cycled* to school today.
- 4 *Did the race finish?/Has the race finished?*
- 5 How many people *took/have taken* part in the New York Marathon this year?
- 6 Our football team *trained/has trained* really hard this year, so I hope they win.
- 7 *We didn't play/haven't played* tennis for weeks!
- 8 *We just won/We've just won* the competition!

6 Write the responses in the conversation.

Olivia: Hey, you two. Look at all the new sports we can do at the sports centre now.

Lucy: 1) You / try sprint cycling / ?
.....
Have you tried sprint cycling?

Olivia: No, I haven't. I haven't got a bike. What about you?

Lucy: 2) I / try / sprint cycling / last week, but I / not like / it
.....

Olivia: What about you, Dan?

Dan: 3) I / join / the water polo team
.....

Olivia: Is it fun?

Dan: 4) We / have / a training session yesterday, but we / not play / a match yet
.....

Lucy: Sounds great. Maybe we should join, too.

Olivia: 5) I never / play / water polo
.....

Dan: Well, why don't you both come? We've got another training session this afternoon.

Lucy: 6) I not / finish / last week's homework yet
.....

Olivia: I haven't got any homework. I'll come!

7 Complete the sentences with the correct form of these verbs and the words in brackets.

buy find have run see start
swim try win

- 1 We often swim in the pool, but we *'ve never swum* (never) in the river before.

- 2 I don't think Thomas will complete the course, he (never) a marathon before.
- 3 Our school two prizes in the sports competition last week.
- 4 I (just) some goggles, because I'm taking up synchronised swimming.
- 5 William lost his racket yesterday. (he) it yet?
- 6 The match at three o'clock.
- 7 Congratulations! This is the first time I (ever) you win a race!
- 8 (you ever) kickboxing?
- 9 I my first swimming lesson yesterday.

8 Complete the email with the correct form of the verbs in brackets.

Subject: Synchronised swimming

Hi Ethan

Guess what – our school 1) *has entered* (enter) the national sports competition! We 2) (all / train) very hard this summer, so we hope to win a lot of prizes. This year, there are some new sports, like mud running (great fun!) and synchronised swimming. The national competition 3) (not include) these sports before, so they're new for everyone. I 4) (not know) which sport to do, until my teacher 5) (suggest) synchronised swimming. I 6) (always / like) swimming, but I 7) (never / do) gymnastics in the water! I 8) (agree) to try and now I love it!

Love
Olivia

