

STUDENTS' BOOK · AUDIO SCRIPTS

UNIT 2 Recording 2

M = Man W = Woman

M: These days many companies motivate their staff in new and different ways. Internet companies are a good example. At Yahoo there's a free bus ride to work for the employees. There's also a dentist and a hairdresser at the office. And one day a month the staff watch films together. These are all great ideas for motivating your workers.

W: Well, Google also has some interesting ways to motivate staff. Lunch is free. And after sitting at your desk for hours, you can have a cheap massage in the office.

M: Wow.

W: Another nice little bonus – you can take your dog to work.

M: Yahoo and Google are quite famous for this type of thing. But what benefits do other companies give their employees? Well, we found one company that takes its employees on a surprise holiday every year. The staff go to the airport but they don't know where they are flying to. In the past these trips included Amsterdam, Iceland and even the Caribbean.

W: At Starbucks employees get free coffee, of course, but they can also bring their children to work.

M: And there's a phone company that has a party for the staff on the last Friday of every month – with free drinks.

W: Finally, a very interesting idea: an insurance company keeps fish in a little river next to the office. The employees go fishing after work and they take home all the fish that they catch.

M: Fantastic.

W: Isn't that a great idea?

UNIT 2 Recording 3

Conversation 1

I = Interviewer M = Man

M: Hi. I work at Kinko's coffee shop across the street. But, er, at the moment I'm having a break here in the music shop.

I: And what are you doing on your break?

M: I'm choosing my free CD for the week.

I: Free CD? Can you tell us a bit more? Why are you doing this?

M: Sure. Kinko's, the coffee shop, has an agreement with the music shop. The employees at the music shop get free coffee at Kinko's. They all come in during their break. And we get one free CD a week from the music shop.

I: Great!

M: We all know each other and it works really well.

Conversation 2

I = Interviewer W = Woman

W: So, this is the clothes shop. And this is the study area.

I: Right. So you have a study area?

W: Yeah. As you can see, David over there

is studying. And these two are doing an online course.

I: And this is during company hours? Does the boss know about this?!

W: It's the boss' idea. The company pays for employees to do courses. So during our breaks or after seven when the shop closes, we can stay on and study.

I: That's excellent. And are you studying at the moment?

W: Yeah, but I'm not studying anything connected with fashion.

I: What are you studying?

W: I'm studying history.

I: And the company pays?

W: The company pays. It pays for about six of us. I think six of us are doing online courses.

I: Brilliant.

Conversation 3

I = Interviewer E = Employee

E: Hi there. I work for a software company.

I: And what are you doing now?

E: Well, I'm checking my emails at the moment because I need to see what work I have to do today.

I: At one o'clock?!

E: Well, the company has flexible hours. You can arrive when you want and go home at any time.

I: That sounds good.

E: It's great. We get a salary for good work, not for the time we spend in the office. So, really, the important thing is to do your job well. That's what the boss says, anyway!

UNIT 2 Recording 5

I'm a marine biologist. I work mainly in the sea and also in the lab. The good things about my job are ... um ... I like working outside. In fact, I can't stand sitting at a desk all day, so this job is perfect for me. What else? I absolutely love travelling and I travel a lot, particularly in South America and Australia. Also I don't like working in a team – I prefer working alone – and most of my time is spent alone or just me and nature. Um, what else? One thing that's very important: I don't mind getting my hands dirty. That's important in my work because it's a very practical job. You're working with animals and plant life the whole time. Also I'm keen on learning new things – and you do learn all the time in this job. So overall, it's the perfect job for me. I couldn't do an office job because I hate working under pressure. And I'm not very keen on working for a company. I want to be my own boss.

UNIT 2 Recording 6

A: The company is called VocationVacations.

B: VocationVacations?

A: Yeah, and the idea is that you go on holiday with the company ...

B: Right.

A: But during the holiday you try out a different job – your dream job.

B: Oh, I see. That sounds interesting.

A: So if you can't stand your job any more,

you can try something new!

B: Great. So how does it work?

A: The holiday is usually just one weekend. You work one to one with an expert who shows you how to do the job ...

B: Right.

A: Say, for example, you want to be a cheese maker. You spend the weekend with a real cheese maker who teaches you all about cheese.

B: That's great. So how many jobs can you try?

A: I looked on their website. There's a lot, actually. You can try over seventy-five jobs.

B: Wow! Really? And what type of jobs?

A: You can learn how to make wine. You can learn to be a TV producer, a fisherman.

B: A fisherman?!

A: Yep. A magazine publisher, um ... a marine biologist ... and lots of other jobs.

B: Well, I absolutely love the idea. Actually, I'm really keen on working as a chocolate taster.

A: What?

B: Do you think VocationVacations has a holiday for chocolate tasters? I don't mind getting up early ...

UNIT 2 Recording 10

A = Alistair Z = Zeinab

A: Zeinab, can I ask you a few questions about your work/life balance?

Z: Of course.

A: OK. First question: how much time do you spend sleeping?

Z: Lots! Probably about eight or nine hours a night!

A: Really?!

Z: Yep.

A: OK. And what about studying?

Z: Well, I suppose usually about five or six hours a day, although it depends. I mean if I have an exam coming up or something, it's probably more.

A: And do you ever have a holiday?

Z: Oh yeah. Probably twice a year I try and go abroad and just completely relax.

A: OK. What about your weekends? Do you ever study at the weekend?

Z: Not usually, but once in a while I open a book!

A: Right. And do you think you have a good work/life balance?

Z: I think so, yeah. I'm not too stressed or anything.

A: Easy life being a student.

Z: Oh yeah!

UNIT 3 Recording 1

P = Presenter K = Ken

P: Hi – this is George Thomas on *The London Show*. Now, London is one of the world's top five expensive cities to live in. But did you know that there are lots of things you can do in London for free? That's right. This morning we're talking to Ken Smith, a tourist guide from *Going Out in London*. So, Ken, what can

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we do in London for free?

K: Hi, George. Well, many people come to London to visit its famous museums and art galleries. But did you know that many of London's museums and art galleries are free? You can go to the British Museum or see paintings by Raphael and Picasso in the National Gallery. And you don't need lots of money in your pocket.

P: Free museums – that's good, because they can be very expensive.

K: That's right. And another thing. If you go sightseeing, some of London's most famous sights: Big Ben, Tower Bridge, Piccadilly Circus and Trafalgar Square are all free. And the parks, too. If you want a really good view of London, you can walk through one of London's many parks.

P: That's a good tip. Now what about shopping? People love to shop in London, but you can't do that for free?

K: No, you're right. But go to one of London's famous markets to experience the atmosphere of the city. Try the busy markets in Camden, or Covent Garden. Or for something different, go to the flower market in Columbia Road. It's beautiful.

P: OK. I love markets. They're a great place to meet people. You meet all kinds of people in a market, don't you?

K: Yes, you do.

P: Right. So, we've got culture, museums, sightseeing, parks, markets. Is there anything else? What about entertainment? Going out?

K: Well, yes. Lots of comedy shows are free in the city, and many theatres offer free (or very cheap) seats too. You can find free concerts with all kinds of music, from classical to jazz. In Hyde Park in the summer, you can go to the 'Proms', a free classical music concert. And you find lots of free music in pubs, too.

P: Thanks Ken. That sounds brilliant. I had no idea you could do so much for free in London. Now, you know what we're going to do next. We've got this week's £15 challenge. Here's the challenge.

UNIT 3 Recording 2

P = Presenter D = Dominique R = Rob

P: ... on this week's £15 challenge. We're going to send two people out for a night in London, and their challenge is to have a good night out, but not spend more than £15. So, is it possible? Well, we're going to find out. We've asked Dominique and Rob to spend an evening in London, and not spend more than £15. So, let's speak to Dominique first. Hi Dominique.

D: Hi, George.

P: Tell us, Dominique, what are your plans?

D: Well, first of all I'm going to see a free art exhibition at the Tate Modern. I don't normally like modern art, so I hope it's OK. Then I'm meeting some friends and

we're going to a concert at a pub called The King's Head. There's a free band playing and so I only need to pay for my drinks. Afterwards we're having dinner in Brick Lane where there are lots of Indian restaurants. They've told me that if you go to one of the restaurants there at 10p.m., you can get a free meal. I don't know if that's true, but I'm going to try anyway. Then I'm getting the bus home. A taxi is too expensive.

P: That sounds great. Have a good evening, and you can tell us all about it tomorrow.

D: I will.

P: Our second volunteer is Rob. Rob, can you tell us about your evening?

R: Yes. I'm starting the evening with a visit to a museum, too. I'm going to the National Gallery to see the paintings there. They stay open one night a week, and it's free. Then I'm going to Covent Garden to watch the street entertainers. Um ... that's free, too. And after that, I'm going to watch some comedy. There's a really good comedy club just near Covent Garden. It's £8 to get in. I'm not having dinner. There isn't enough time.

P: Thanks, Rob. Enjoy your evening, and don't forget ...

UNIT 3 Recording 4

W = Woman M1 = 1st man M2 = 2nd man

W: Who's got the answers then?

M1: I have.

W: What did you put for the first one?

M2: That one's easy. It's Michelangelo, isn't it?

M1: It's Michelangelo. He painted the Sistine Chapel.

W: What about the second one?

M2: Michael Jackson?

M1: Yep. It's Michael Jackson.

W: And number three?

M2: I don't know very much about art, but I'm guessing it's Pollock.

M1: It is Jackson Pollock.

M2: Thought so.

W: Is number four *Candle in the Wind*?

M1: 'A' is correct. *Candle in the Wind*.

W: What about number five?

M2: Well, it has to be 'C', doesn't it? If no one noticed for two months that it was upside down ...

M1: Correct. Though I didn't know this story.

W: That's quite funny. Where was it, The Museum of Modern Art?

M1: Unbelievable, isn't it?

M2: What about the next one, number six?

W: Live 8.

M2: Live 8.

M1: Yep. It was Live 8.

W: Number seven, I have no idea. I guessed 'B', *Heavenly*.

M1: Nope.

M2: So is it *Scrambled Eggs*?

M1: The answer is 'C', *Scrambled Eggs*.

W: No way!

M1: Yep.

M2: So how about the last one? It isn't Shakespeare, I know that.

W: It's not Shaw either, is it? I guessed Samuel Beckett.

M2: Me too. What's the answer?

M1: Correct. The answer is C, Samuel Beckett.

M2: I got them all right.

W: Aren't you cultured?

M2: Not really.

UNIT 3 Recording 5

Conversation 1

A: King's Restaurant.

B: Hello, I'd like to book a table for four on Friday night. Around eight thirty, if possible.

A: Let me just have a look. Sorry, we're completely full on Friday. There's nothing at all.

B: Ah, what about Saturday?

A: Saturday, Saturday. Um ... the best I can do is a table at ten o'clock.

B: Ten o'clock? You haven't got anything earlier?

A: Nothing at all, I'm afraid.

B: OK, let's go ahead. Ten o'clock.

A: Can I take your name, please?

B: The table is for Rodney Collins.

A: Rodney ... Oh! Can you repeat that, please? Did you say Rodney Collins?

B: Yes.

A: OK, that's all booked. Table for four, ten o'clock, Saturday.

B: Great. Thank you.

A: Thank you.

Conversation 2

C: High Tower Productions. Paul speaking. How can I help you?

D: Hello, I was wondering if you could help me. I've booked a ticket for the show on the fifth of June, but I'd like to change the date.

C: OK, one moment. Can I just check? What's the name please?

D: The tickets are booked in the name of Judy Starr.

C: Sorry, I didn't catch that. Did you say Starr?

D: Judy Starr. S-t-a-double r.

C: OK, yes. Two tickets for June the fifth. What date would you like to change to?

D: What dates do you still have seats for?

C: There's nothing on the sixth or seventh. There are two seats for the eighth but they're separate. We have ...

D: Sorry, can you slow down, please? Two seats for?

C: Sorry, two seats for the eighth but they aren't together. We can do you two seats together on the ninth of June.

D: Ninth of June. That's fine.

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C: OK. I'll just go ahead and book that.

Conversation 3

E: Hello?

F: Hello, it's Wendy here.

E: Oh hi, Wendy. How are you?

F: Very well, thanks. And you?

E: Yeah, fine.

F: Are you doing anything on Saturday?

Because a few of us are going out for dinner.

E: Sorry, Wendy, can you speak up, please?

I'm on Oxford Street and I can't hear a thing.

F: D'you want to go for dinner on Saturday?

E: Oh, that sounds nice.

F: There's going to be a few of us, Tom and Zoe, and Steve.

E: That sounds like fun.

F: Are you free?

E: I think so.

F: Alright. Eight-thirty, Saturday. Zanzibar's.

E: OK. Zanzibar's on Saturday at eight-thirty.

F: That's right. Brilliant. See you soon.

E: OK. Thanks for calling.

Conversation 4

G: Thomson and Co. Who's calling?

H: Hello, this is Andy. Andy Jones. Can I speak to Sarah Hobbs, please?

G: I'm afraid she's not here at the moment.

H: Ah, do you know when she'll be back?

I've tried her mobile three or four times and left messages, but she hasn't called back.

G: She's visiting a customer. She should be back this evening. Can I take a message?

H: It's about dinner tonight. I've had to cancel because of work.

G: OK. I'll ask her to call you back.

H: Thanks.

G: Does she have your number?

H: It's 0988 45673.

G: Can you repeat that, please?

H: 0988 45673.

UNIT 3 Recording 9

I'm going to tell you about my perfect day in Prague. First of all, we're starting the day in the main square. It's a beautiful place to have breakfast in one of the cafés. It's a little bit expensive, but we're going to sit outside so we can watch the clock tower. After breakfast, we're going to walk through the old city, and go to Charles Bridge. There are some interesting statues on the bridge, and there's a market where you can buy some souvenirs. From the bridge, we're walking up to the Castle. And we're going to have lunch in a restaurant near there. In the afternoon, we're taking a tram around the city. It's a good way to see the sights because it's cheap and easy. Afterwards, we're going to relax in the park at Petrin Hill. There is a tall tower here, where you can see wonderful views of the city, too. We're going to a coffee shop in the afternoon, in the Municipal House, where they do wonderful coffees. And then, in the evening, we're planning to go to a classical

music concert in St Nicholas church. You can come here to listen to Bach, Mozart or Vivaldi, and the atmosphere is very special. When it's finished, we're having dinner at Kolkovna, in the old town, which serves traditional Czech food, and then we're going to spend the rest of the evening trying different bars in the old town, which serve very cheap, local beers. It's going to be fantastic!

UNIT 4 Recording 3

Conversation 1

I = Interviewer R = Ralph

I: So Ralph, can you tell us a bit about your secret talent?

R: Um, well, I started drawing people when I was very young.

I: OK. What sorts of drawings do you do? Mostly cartoons?

R: What I do is I draw cartoons of people when I'm sitting in cafés or when I'm on the train. And I can do a face in about fifteen seconds.

I: So they're like caricatures?

R: Exactly. They are caricatures.

I: Has anyone ever asked what you were doing or caught you drawing them?

R: It's happened a few times ...

I: But usually you do them in secret?

R: Usually. And occasionally I tell the person that I've drawn them.

I: Oh really?

R: Yeah. Actually, while sitting here I've drawn you!

I: No way!

R: Yep. It's right here.

I: That's brilliant! Definitely a secret talent. So tell me, how do you do it? Is there a special way to do it?

R: No, I just love drawing and I practise.

Conversation 2

I = Interviewer C = Carly

I: What's your secret talent?

C: I can say sentences backwards.

I: Backwards? That's amazing. How fast can you say them?

C: Well, I can say them at normal speed but backwards.

I: Can you give me an example?

C: What, my last sentence?

I: Yes.

C: Backwards but speed normal at them say can I.

I: Wow! Can you give me another example?

C: Yes, I'll say your sentence. Example another me give you can.

I: Can you do it again?

C: Sure. Example another me give you can.

I: How do you do it?

C: I don't know. I think I visualise the sentence, I see the words in my head, and it just appears to me.

I: Amazing. Have you ever done it in public?

C: Yeah, I've done it at parties and with friends. They all think I'm very strange.

UNIT 4 Recording 5

P = Presenter S = Sally

P: Hi. You're listening to *Ask the expert* and in today's programme we're talking about languages and how to learn a language. Our expert today is Sally Parker, who is a teacher.

Hi Sally.

S: Hello.

P: Sally, our first question today is from Andy. He says, 'I've just started learning English. My problem is that I am too frightened to speak. My grammar is not very good so I'm worried about saying the wrong thing.' Have you got any advice for Andy?

S: OK. Well, the first thing is I think Andy should practise speaking to himself.

P: Speaking to himself? I'm not sure that's a good idea.

S: I know it sounds silly, but talking to yourself in a foreign language is a really good way to practise. You don't have to feel embarrassed, because nobody can hear you. You can talk to yourself about anything you like – what you had for breakfast, where you're going for the weekend – anything. And the more you do it, the more you will get used to hearing your own voice and your pronunciation, so you won't feel so frightened in the classroom. Andy should try it.

P: I suppose so. Anything else? What about his grammar?

S: He has only just started learning English, so he is going to make lots of mistakes, but that's not a problem. That's how he'll learn. Andy shouldn't worry about making mistakes.

P: You're right. So Andy, try talking to yourself, and don't worry about making mistakes. Our next problem comes from Olivia in Brazil. She is worried about pronunciation. She says, 'The problem is I can't understand native speakers. They speak so fast and I can't understand their pronunciation.' So Sally, any ideas for Olivia?

S: Well, first of all it's a good idea for her to practise her listening skills. She should listen to English as much as possible to get used to how it sounds. Listen to the news, listen to podcasts, watch English television.

P: OK – that's a good idea.

S: And another thing she should do is to focus on listening and reading at the same time. If you listen to something on the internet, you can often read the transcript. If you listen and read at the same time, it will help you see what the words sound like and how the words sound when a native speaker is talking.

P: Great. Thank you, Sally. I'm afraid that's all we have time for today, but ...

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UNIT 4 Recording 6

A: OK, so we need to think of the best ideas for taking tests.

B: Yep.

A: Well, how about this one? It's a good idea to study with friends at the same time each day.

B: In my opinion, this is a really good idea. You can make it a regular part of your daily life.

A: You mean like having breakfast at the same time, lunch at the same time, studying at the same time.

B: Yes. And also I think it helps when you study with friends.

A: Yeah, I think it's more motivating.

B: And you can actually talk to someone, not just look at books. I find that if I'm only reading my notes it's easy to lose concentration. I start thinking about other things. But when you are talking to someone, it really helps you concentrate. So, yes, I agree with this one.

A: OK. Another idea is not to eat too much before the exam.

B: Oh really?

A: When I eat a lot, I get sleepy.

B: Oh I see. I think it depends. Because if you don't eat enough, you start to feel hungry in the middle of the exam.

A: That's true.

B: And then you can't concentrate.

A: Yeah, that's true.

B: So, I'm not sure about this advice, for me. As I said, I think it depends. I always try to eat a good meal before an exam. I'm so nervous that I never get sleepy.

A: OK. What other ideas do you have?

B: Well, there's one thing I always do before an exam.

A: What's that?

B: I go to bed early the night before.

A: Right.

B: I always try to sleep for eight hours the night before the exam.

UNIT 5 Recording 3

1 These days we always expect to hear English in tourist areas. Most people working in tourism speak it, but I always want to talk to local people and many of them don't speak English. So I try to learn a few words of the language, especially 'please' and 'thank you', and I always take a small dictionary.

2 I love walking when I go on holiday ... 'cause I think ... I think you see more, so I always take a really good pair of walking boots.

3 I think a good digital camera is important when you travel. I always seem to take hundreds and hundreds of photos. And I also take binoculars.

4 When I'm not travelling for work, I usually choose to go to a warm place for my holidays, so I always take a sunhat. But when I go somewhere during the winter or rainy season, I always take waterproof clothes.

5 I think it's a good idea to buy a really good suitcase. And when you pack, leave enough

space for souvenirs. On the other hand, I enjoy travelling in wild places, so quite often I take a rucksack not a suitcase. If you decide to go walking, a rucksack is much easier to carry.

6 It's best to avoid carrying too much money because you don't want to look like a rich tourist! 'Cause of this, I always take a money belt on holiday.

7 I need to write things down to remember them so I take a notebook and pen.

UNIT 5 Recording 4

There's one point in the centre of Foz do Iguacu city where you can get to Paraguay and Argentina easily. From this point, it only takes half an hour to get to both countries. It's great because you can visit three countries in one hour. And of course you can see the falls!

UNIT 5 Recording 5

1 To get to Paraguay, you have to go left. You go along the main road, past the turning for the international hospital. Then you turn right and you're on the main street called Avenue Kubitschek. This goes through the centre of the town. From there you just keep going until you reach the highway, Highway 277. Go left and the bridge is at the end of the highway. You cross the bridge and you are in Paraguay.

2 To get to Argentina, you wait at the corner for the bus. It takes you down Avenue das Cataratas and right into Avenida Mercosul. The bus goes straight on for about 25 minutes. Cross the bridge and you're in Argentina.

3 To see the Iguacu Falls on the Brazilian side, you turn right and just go straight on down Highway 469 and the falls are in front of you. You can't miss them – they're the biggest in the world!

UNIT 5 Recording 6

Conversation 1

A: Excuse me. We're trying to get to the carnival. Is this the right bus stop?

B: Yes, but you don't need the bus. It's very close.

A: Oh! Can we walk?

B: Yes, it takes about ten minutes from here. Just go straight on. You'll hear the music!

A: OK. Thank you very much.

Conversation 2

C: Excuse me, can you help me? I'm looking for the Plaza Hotel. Is this the right way?

D: Um ... Plaza Hotel, Plaza Hotel. Yes, keep going, past the cinema and take the first left.

C: OK.

D: Then keep going for about fifteen minutes until you reach the end of the road.

And you'll see the sign for the hotel. You can't miss it.

C: OK. Can you show me on the map?

D: Sure.

Conversation 3

E: Excuse me, we want to get to The Grand Motel. Is it far?

F: Um ... sorry, I've no idea. Jim, do you know?

G: What?

F: The Grand Motel?

G: The Grand Motel? Yeah, it's just over there. Just go to the end of this street. Go left and go past the ... um ... there's a restaurant. Go past the restaurant and it's on the left.

E: On the left. So I need to go to the end of the street, turn left, go past the restaurant and it's on the left.

G: Yeah, that's it.

E: Thanks a lot.

UNIT 5 Recording 9

OK, well, we would like to go to Easter Island. It is very isolated, very far from other places, and the nearest country is Chile, over two thousand miles away. We are going to travel there by plane and stay with different families and the trip is going to take three months. We want to experience the local culture, their music, food and way of life. So our plan is to speak to the local people about these things and to film them. We hope to find out about their traditions and to see what they think of their history. Well, finally, my husband and I always wanted to go to Easter Island. I read about it when I was a child and I saw pictures of these amazing stone heads on the island. So for us this is the journey of our dreams.

UNIT 6 Recording 1

1 Do you live in a town, or by the sea?

2 How long have you lived there?

3 How long have you lived in the house you live in now?

4 What is the name of your best friend?

5 How long have you known him/her?

6 Do you work or study?

7 How long have you worked or studied where you are now?

8 What hobby do you enjoy?

9 How long have you done it for?

10 Do you have a bicycle or a car?

11 How long have you had it?

UNIT 6 Recording 3

I = Interviewer W = Woman

I: Can you tell us a little about superfoods?

W: Well, superfoods include tomatoes, broccoli and spinach.

I: Mmm.

W: These have lots of vitamins, and they are really good for you.

I: Right.

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W: Anyway, they may improve our health, but I don't think superfoods will be the answer to our eating problems in the future.

I: Can you tell us why not?

W: Well, the most important thing is to eat healthy food every day.

I: Right.

W: And this is more important than the idea of superfoods. Eating an apple a day is better for you than eating a kilo of spinach one day a week.

I: I see. So what you're saying is ...

I: There's been a lot of talk about food pills.

W: Yes.

I: Are they healthier than other types of food? Could they be the food of the future?

W: Well, in the past astronauts ate a type of food pill when they were in space. It was dried food and they added water to it.

I: Right.

W: But I don't think food pills will replace normal food.

I: Right. Why's that? For health reasons or social reasons?

W: Well, cooking and eating together is an important part of family life and it always will be. You sit down together at a table and you eat and talk. It's a very old tradition, and eating pills isn't the same.

I: So we won't eat only food pills?

W: Food pills might become more popular, but no, we won't eat only food pills in the future.

I: Well, that's interesting because I was reading about ...

W: In the future we may have special food that can change its flavour.

I: Can you give an example?

W: For example, imagine you like chocolate ice cream, but your friend likes strawberry. You eat the same ice cream but it will taste different for both of you.

I: The same food that tastes different for different people ...

W: You'll think it's chocolate ice cream and your friend will say it's strawberry. It might happen with drinks, too. You take a bottle of liquid out of the fridge. You press the button which says 'coffee' or 'lemonade' or 'hot chocolate'. You put the bottle in the microwave and the liquid becomes the drink that you choose.

I: So it starts off as the same food or drink, but then we change its flavour by pushing a button.

W: That's right. Just by pushing a button.

I: So how does it work?

W: Well, this is possible because of nanotechnology. The technology might not replace normal drinks and food but it may become common in the future.

I: And nanotechnology is something that's used in different ...

UNIT 6 Recording 4

Conversation 1

D = Doctor W = Woman

D: Hello. I'm Dr Andrews. Now, what's the matter?

W: Well, doctor, I feel terrible. I get these headaches and I feel sick.

D: Oh. How long have you had this problem?

W: A few weeks now. And I can't sleep at night because my head hurts.

D: You can't sleep?

W: That's right.

D: And are you very worried or under pressure at the moment?

W: No, I don't think so.

D: Do you have a healthy diet?

W: Hmm. Quite healthy.

D: Do you drink tea or coffee?

W: Yes, I do.

D: How much?

W: Tea? Probably about eight cups, or ten.

D: A day?

W: Yes.

D: I see. And has that changed in the last few weeks?

W: Not really.

D: OK. Well the first thing is I think you should stop drinking so much tea and coffee. Try to drink just one small cup a day. I'll give you some painkillers for the headaches. Take two of these three times a day. I don't think it's anything to worry about, but if ...

Conversation 2

D = Doctor M = Man

D: Good morning. How can I help?

M: Well, I'm worried about my foot.

D: Your foot?

M: Yes. It hurts when I walk.

D: I see. Did you do anything to it? Did you have an accident?

M: Um. Well, sort of.

D: What happened?

M: I kicked a wall.

D: I see. When did you do that?

M: About a week ago.

D: OK. Did you go to hospital?

M: No.

D: Can I have a look?

M: Yes, of course.

D: Where does it hurt? Here?

M: Argh. Yes, there.

D: Can you move it?

M: Yes, a little, but it's very painful.

D: Hmm. I think it might be broken. It's nothing to worry about, but I think you should go to the hospital for an X-ray. I'll write you a note and if ...

UNIT 6 Recording 7

A: Does exercise make you feel relaxed?

B: Yes, I think it really does. Sometimes it's difficult to find time to exercise, but I play football after work on a Monday, and I play tennis at the weekend, and I feel so much better. If I don't play one week, I feel terrible. So, yes, doing sport makes you feel really good. You feel much better, and more relaxed.

A: How much exercise do you do in a week?

C: In a week, well I probably do about two or three hours of exercise, maybe more. I go to the gym once or twice, if I have time, and I sometimes go swimming. Oh, and I ride my bike at the weekend, so actually, probably three or four hours a week. More than I thought. Yeah, four hours, that's OK.

A: Do you have a sporting hero?

D: Oh yes, Pelé. He's a hero, not just for me, but probably for all Brazilians. I think he is one of the greatest football players ever. He was such a good athlete, and he had so much talent. He was 'King of Football', and scored more goals for Brazil than anyone else. And he was born very poor. You know he didn't have money for a football so he used to practise kicking a grapefruit, or a sock stuffed with paper.

A: How much do you walk a day?

E: Oh my goodness. Well, I suppose. I don't walk very much actually. I ... um ... I drive, the car everywhere. That's terrible, isn't it? Umm. Yes, I probably only walk about, about maybe five minutes every day.

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2.1

- 7 syllables: motorcycle courier
- 6 syllables: foreign correspondent
- 5 syllables: fashion designer,
IT consultant, personal
trainer
- 4 syllables: rescue worker
- 2 syllables: sales rep

2.2

- 1 People who work sitting down always get paid more than people who work standing up.
- 2 The successful people are usually the ones who listen more than they talk.
- 3 Politicians never believe what they say so they are surprised when other people do.
- 4 Once in a while teachers will open a door, if you're lucky, but you have to enter alone.
- 5 Great artists like Van Gogh rarely live to see their success.
- 6 Doctors are the same as lawyers. The only difference is that lawyers rob you, but doctors rob you and kill you occasionally.
- 7 Find something you love doing, and you'll never have to work a day in your life.
- 8 The only place where success always comes before work is in the dictionary.

2.3

Story 1

I work on a safari as a guide. I take tourists to see the animals. Everyone thinks my job is dangerous, but I don't think so. Well, I didn't think so until last month. So, what happened? Well, I had a bus full of tourists. There were fifteen of them. It was a beautiful, clear evening, and about seven o'clock we saw some elephants. Everyone wanted to take photos so I told them they could get off the bus for a few minutes. So there we were – these tourists taking photos of the elephants. Then suddenly the male elephant turned. It looked at us. And I could see that it was angry. So I told everyone to stand still. 'Don't move.' Well, the elephant continued looking

at us and I thought that it was going to charge, you know, to run at us. I told the tourists to walk very slowly back to the bus. Then the elephant charged at us. I jumped into the bus and started driving as fast as possible. The elephant came very close and the tourists were all shouting and screaming. But it was OK in the end. We escaped.

Story 2

I was on a safari holiday. It was a really beautiful place, very quiet. One evening, at about six o'clock, we went for a drive in the tour bus. There were twenty of us tourists. Well, we soon saw some elephants. They were drinking at a pool. So we got out of the bus to take photos. Anyway, suddenly this large male elephant started looking very angry. Then it walked towards us. The guide told us to run back to the bus as fast as possible. So we did. This was a really bad idea because the elephant followed us. Then the guide got into the bus and drove away very fast. We were really quiet and calm because we didn't want to frighten the elephant. But it wasn't a nice experience and we were happy to get back to the hotel that night.

2.4

- 1 I'm very keen on cooking and I absolutely love great food.
- 2 I love riding my motorbike. I can't stand sitting in an office all day.
- 3 I'm quite keen on technology and I don't mind dealing with other people's computer problems.
- 4 I'm very keen on working with money and I don't like people wasting it on stupid things.

2.5/6

Conversation 1

- A: On Saturday I went to a conference about the z-phone, this amazing new technology.
- B: That sounds interesting.
- A: Well, everybody's talking about it.
- B: So how does it work?
- A: Oh, I don't know. I didn't go to

the presentations. I only went for the free food.

Conversation 2

- A: Today I was offered a job as a babysitter.
- B: That's great!
- A: Not really. They only offered me five euros an hour.
- B: Oh, I see. So did you accept the job?
- A: No. I'm going to look for something better.
- B: Right. What did you tell them?
- A: I said, 'Dad, I know the baby is my sister, but I want a better salary!'

3.1

classical exhibition composer
performance sculptor songwriter
paintings concert

3.2

- D = David T = Terry
- D: So what do you think, Terry? I put it on this wall because of the light.
- T: Um. It's ... it's ... well, I want to say I like it. But I don't.
- D: You don't like it?
- T: No, David. I don't. It's terrible.
- D: What?
- T: It's just black. All over. It's black on black. It looks like a painting of a black bird flying over a black building on a black night.
- D: It's modern art, Terry.
- T: I know, I know. But it doesn't say anything.
- D: What do you mean, it doesn't say anything? It's art. It doesn't talk.
- T: You know what I mean. It has no message. I don't understand it.
- D: You don't have to understand it, Terry. It's art. It just exists. It's not there to be understood.
- T: So why is it all black? Why not white? Or white and black? Or red, white and black?
- D: Why don't you ask the artist?
- T: How much did it cost?

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D: I'm not telling you.
T: How much did it cost?
D: Why?
T: I want to know.
D: It was expensive.
T: What does that mean? What's expensive? Fifty dollars? Fifty thousand dollars?
D: Nearer fifty thousand.
T: Nearer fifty thousand dollars than fifty?
D: Yes. Forty-five thousand. Forty-five thousand dollars.
T: I can't believe it. You bought a black painting ... you spent forty-five thousand dollars ...
D: I liked it. I like it. No, I love it.
T: It's black, David. Black on black. I could paint it for you in five minutes.
D: But you didn't.
T: You didn't ask me to.
D: I didn't want you to.
T: Has Mary seen it?
D: Not yet. She's away. She'll be back on Friday.
T: Does she know you bought it?
D: No. It's a surprise.
T: Oh yes, it will be. A big surprise. Does Mary even like modern art?
D: Yes. She'll like this.
T: How do you know?
D: I know.
T: How?
D: Because I know what Mary likes and what Mary doesn't like. And she'll like this.
T: I hope so. Because if she doesn't, you're dead.

3.3

Conversation 1

D = Danny P = Pauline
D: You've reached Danny's voicemail. Please leave a message.
P: Hi, Danny. It's Pauline here. I'm calling about tomorrow night. Unfortunately, there are no more tickets for the concert. I called them at about two o'clock but

they were already sold out. So ... I don't know what you want to do. Anyway, give me a call tonight after six. Bye.

Conversation 2

E = Elise W = Woman
E: Hi, is Tricia there please?
W: No, I'm afraid she isn't. Who's speaking?
E: It's Elise here.
W: Hi, Elise. No, I'm afraid Tricia is out at the moment. D'you want to leave a message?
E: Yes, can you tell her I'll be at the station at eight. She's going to meet me there.
W: Sorry, can you repeat that?
E: Yes. I'll be at the station at eight.
W: Oh, OK. At eight. I'll tell her that.
E: Thanks. Oh, and can you tell her that her mobile isn't working?
W: Yes, OK. I think she needs to recharge it.
E: Thanks. Bye.
W: Bye.

Conversation 3

A: Roundhouse Bar and Grill. How can I help you?
B: Oh hello there. I'd like to book a table for three people for Wednesday evening.
A: Oh, we don't take bookings actually.
B: Oh really?
A: Yeah, if you just show up at the door, that'll be fine.
B: OK.
A: Around eight is usually our busiest time, between eight and nine-thirty. So if you come a bit before that ...
B: Great. Thanks very much for your help.
A: You're welcome.

4.1

- 1 How much do I have to pay?
- 2 Can I park here?
- 3 We must visit her before we leave.
- 4 We don't have to stay in this hotel.
- 5 She can't wear that!
- 6 You mustn't tell anyone.

4.2

I = Interviewer P = Professor
I: Professor Morris, we're looking at learning and the different ways in which people like to learn. And

one of the things we can look at is the type of learner. Is that right?

- P: Yes, research has shown that there may be many different types of learner. But one way we can look at this is to divide people into two groups: holists and serialists. Now, most people will probably use both approaches, but often we find people are quite strongly one or the other.
- I: Holists and serialists. So, what's the difference between the two?
- P: Well, students who are serialists like to study taking one step at a time. They look at a subject or topic and work through the different parts of the topic in order.
- I: And holistic learners? How are they different?
- P: The holists are very different. They like to have a general understanding of the whole topic. And they find it easier to study and learn if they have an idea of the 'big picture'. They don't worry so much about the detail.
- I: Oh. That's me. I think I'm more of a holist.
- P: Are you? Well, you see ...

4.3

I = Interviewer P = Professor

- I: So, tell me a little bit more about the serialist. You said that they like to learn things in sequence, in order.
- P: That's right. So, they start at the beginning, and when they feel they've fully understood one part, then they are ready to move onto the next part. But it's very important to them that they understand the detail.
- I: OK. These are the kind of people who always read the instructions before they try a new piece of equipment or machinery.
- P: That's right.
- I: And what about the holistic learners?
- P: OK. Well, a holist never starts learning about a topic at the beginning. They jump around and get lots of information. So, they might pick up a book about the topic and choose a chapter in the middle and start reading there.

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- I: That's like me. I choose the bit I'm most interested in.
- P: Exactly. But a serialist learner will start at the beginning and read each chapter in order.
- I: That's very interesting. What about writing? Is there a difference there too?
- P: Yes, absolutely. A serialist will make a careful plan of everything they have to write and then begin to research each area. But a holist will read about a lot of different things and have lots of bits of paper with notes. Then they will try to put the different pieces together when they begin writing.
- I: That's very true. There is paper everywhere. I think my tutors at university would like me to be more serialist.
- P: Yes, that's probably true ...

4.4/5

Conversation 1

- A: Why don't we go to the cinema tonight?
- B: That's a good idea. Do you know what's on?

Conversation 2

- A: I don't think you should buy that car.
- B: You're right. It's too expensive.

Conversation 3

- A: I think we should organise a party.
- B: I'm not sure that's a good idea. We're too busy.

Conversation 4

- A: Maybe you should say sorry.
- B: I suppose so. I'll call Louise later.

Conversation 5

- A: You shouldn't play so many computer games.
- B: You're right. I need to get out more.

Conversation 6

- A: I think you should study more.
- B: I suppose so. I want to do well in the exam.

5.1

- 1 We were open. We were opening the shop.
- 2 I was fine. I was finding it difficult.
- 3 They were right. They were writing a book.
- 4 It was you. It was using too much gas.

- 5 She was clean. She was cleaning the house.
- 6 Where were you? Where were you going?

5.2

A twenty-one-year-old German tourist called Tobi Gutt wanted to visit his girlfriend in Sydney, Australia. Unfortunately, he typed the wrong destination on a travel website. He landed near Sidney, Montana, in the United States, 13,000 kilometres away. This is his story. Tobi left Germany for a four-week holiday. He was wearing a T-shirt and shorts, perfect clothes for the Australian summer. But the plane didn't land in Australia. It landed in freezing cold Montana, in the United States. He had to take a connecting flight, but when he looked at the plane to Sidney, he became confused. Strangely, it was very small. And then he realised his mistake. Sidney, Montana, was an oil town of about 5,000 people. It was also in the United States, not Australia. Tobi then spent three days waiting in the airport. He had only a thin jacket in the middle of winter, and no money. A few friendly people helped him with food and drink until eventually, his parents and friends from Germany sent him some money. He bought a ticket to Australia, where finally he saw his girlfriend.

5.3

- 1 A twenty-one-year-old German tourist called Tobi Gutt wanted to visit his girlfriend in Sydney, Australia. Unfortunately, he typed the wrong destination on a travel website.
- 2 When he looked at the plane to Sidney, he became confused. Strangely, it was very small.
- 3 A few friendly people helped him with food and drink until eventually, his parents and friends from Germany sent him some money.

5.4

Conversation 1

Go along Hemingway Road. Go past The Bellow Club and take the first left. It's next to the Baldwin Bar.

Conversation 2

Go along Hemingway Road, then take the first right. You'll be on Morrison Road. Go along Morrison Road for about five minutes, past the turning for the car park. It's in front of you.

Conversation 3

Go along Hemingway Road. Keep going until you reach Carver Street. Turn right on Carver Street and it's the first building on your right.

Conversation 4

Go straight along Hemingway Road. Take the second right. You'll be on Cheever Road. Go along Cheever Road. Go past the school. It's on your right.

Conversation 5

Go straight along Hemingway Road. Keep going until you reach Nabokov Street. Turn left on Nabokov Street. Go straight on. There's a river, the Faulkner River. Cross the bridge and it's in front of you.

Conversation 6

Go along Hemingway Road. Take the first right on Morrison Road. Then take the first left. There's a hospital. It's next to the hospital.

5.5

Conversation 1

- A: Excuse me. Can you help me? I'm looking for the Science Museum.
- B: Go straight on. You can't miss it.
- A: OK, so it's easy! Can you show me on the map?
- B: Yes, of course.

Conversation 2

- A: Excuse me. I'm trying to find the internet café. Is this the right way?
- B: Yes. Keep going. You'll see it in front of you.
- A: Can I walk?
- B: Yes, you can. It takes about ten minutes.

Conversation 3

- A: Is it far to the tube?
- B: No. It's about two minutes' walk.
- A: OK. So I need to go left at the cinema?
- B: That's right. It's easy!

6.1

- 1 I've known her for ages.
- 2 They've travelled a lot.

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- 3 He's never seen it before.
- 4 Nothing has changed.
- 5 I've worked in other countries.

6.2/3

Part 1

P = Presenter W = Woman

P: We're in Manchester, and this is table tennis for the over fifties. The people who play here play three times a week, so you don't need to tell them about how exercise makes you feel better.

W: It gives you a great feeling. You feel fabulous. Any type of exercise is good for you, especially when you're my age. It just makes you feel good.

P: Scientists have now worked out that you can live longer if you have a healthy lifestyle. They did some research. They followed 20,000 people for more than ten years, and they looked at the different lifestyles they had. The results are interesting. They showed that people who don't smoke, who do regular exercise and who eat five portions of fresh fruit and vegetables every day actually live longer. These people actually live about fourteen years longer than the people who didn't have such healthy lifestyles. They lived longer and they didn't have so many health problems. Doctors say that even making a small change to your lifestyle can make a big difference to your health. Also, don't worry if you've got bad habits now. It's never too late to start. So, does everyone agree that it's a good idea to give up smoking, eat healthily, and do exercise in order to live longer? We asked people on the street to tell us what they think.

Part 2

W2 = Woman 2 W3 = Woman 3
M = Man P = Presenter

W2: I don't know. I don't think it's that important. I mean, I don't eat five portions of fruit and vegetables every day. I don't like them, so I'm not going to do that.

W3: If I go out with my friends in the

evening, then I'm going to smoke. Having a cigarette is social. It's part of the fun.

M: Absolutely. I think it's a great idea. Do exercise, eat well, stop smoking. And live a long and happy life. Everyone should do it.

P: The message is clear: Scientists are telling us that if we want to live a long and healthy life, we need to look at how we live. So, I'm going to have a game of table tennis.

6.4

Conversation 1

D = Doctor W = Woman

D: Good morning. How can I help?

W: I'm worried about my leg.

D: Your leg? What's the matter with it?

W: Well, it's very painful. It hurts when I walk.

D: I see. How long have you had the problem?

W: Since yesterday.

D: Can I have a look?

W: Yes, of course.

Conversation 2

D = Doctor M = Man

D: Hello. What's the matter, Mr Smith?

M: I feel terrible.

D: All right. Where does it hurt?

M: Everywhere. And I can't sleep.

D: Ah. Have you got a temperature?

M: I don't know.

D: OK. Can I have a look?

M: Yes, of course.

D: That's fine. It's nothing to worry about.

M: But I feel terrible!

6.5

Conversation 1

D = Doctor P1 = Patient 1

D: Good afternoon. What's the matter?

P1: I've got a sore throat and a headache.

D: I see. How long have you had the problem?

P1: About two weeks.

D: Have you got a temperature?

P1: Yes. It's 38.5, so I've taken some aspirin.

D: I see. I think you've got a cold. You need plenty of rest and hot drinks.

Conversation 2

P2 = Patient 2 D = Doctor

P2: I think I've broken my arm.

D: Oh dear. Can I have a look?

P2: Yes. Here you are.

D: So, where does it hurt?

P2: Here, and here.

D: How did you do it?

P2: I fell over.

D: I think you should go to hospital for an X-ray.